## Course Document

**Course title**: Level 3 Diploma in Sports Massage  
**Course code**: S0055

| Duration                  | Full Time: 3.5 months, 5 days per week & 8 hours a day  
|                          | Part Time: 6.3 months, 5 days per week & 3 hours a day |
|**Type**                  | Full-time or part-time |

| Commencement date and end date | See course schedules  

**Proprietor of course, person conferring award and country established**: ITEC (UK) DIPLOMA

**Progress Pathway**: Advance Certificate/other ITEC Diploma: Spa Treatments, Aromatherapy Massage, Reflexology, On site massage, Indian Head massage, Lymphatic Drainage, Sports Massage. Alternatively, they may apply for other Advanced Certificate/other ITEC Diploma L3,L4,L5 BTEC L5

**Description of course and structure (number of modules, sequence, etc)**:  
Anatomy & Physiology: Muscular System, Neurological System, Skeletal System Sports pre massage, Post massage, and Effects on muscles and tissues, classical movement

**Content of modules / Learning outcomes**:  
**Muscular System**  
o Structure and Function.  
o Physiology of muscle cells, its origin, insertion and action of each muscles.  
o Joint structures and its supporting system - Synovial joints, Cartilage, Ligaments, Synovial membrane, bursa.  
**Principles of Training, Force and Motion and Therapy**:  
o Over Training, Stretching, Motive & resistive force,  
o Effects of stress during sporting activities  
o Injury prevention and management, therapy & rehabilitative training

**Requirement for Industrial attachment (if any)**: NO

**Admission requirements**:  
- 18 years old and above  
- Obtained at least a C6 at GCE N Levels in any three subjects or Equivalent  
- At least a C6 at GCE N Level English/Chinese or equivalent

**Manner of teaching**: Lecture, Practical, Case Study

**Attendance requirements**:  
Student Pass holders: >90%  
Locals & Others: >75%
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**Manner of assessment**  
(This should include final and continual assessment frequency and schedule; assessment modes; criteria for grading and awards; assessment weighting)

<table>
<thead>
<tr>
<th>Assessment Mode</th>
<th>Passed</th>
<th>Referred</th>
</tr>
</thead>
<tbody>
<tr>
<td>Theory</td>
<td>60%</td>
<td></td>
</tr>
<tr>
<td>Practical</td>
<td>60%</td>
<td></td>
</tr>
</tbody>
</table>

Refer to  
http://www.itecworld.co.uk/

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**Dates of examinations**  
See course schedules  

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**Expected date of release of results of final exam**  
60 days after the Theory exam

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**Graduation requirements**  
Student must submit 5 case studies and pass both theory and practical assessments

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**Expected date of conferment of award**  
60 days after the Theory exam

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**Teacher-student ratio**  
Theory: 1:50  
Practical: 1:20

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**Fees payable & components**

- Course Fee: S$1800.00 (full amount)  
- PIC claim available up to 40%  
- ITEC Examination fees: S$300  
- Materials fees#: Up to S$105.00  
- Medical Insurance: S$70.00 (only if applicable)  
- ITEC Examination Late Booking Fees: S$35.00 (only if applicable)  
- Re-taking Examination Fees: S$200.00 (only if applicable)  
- Result Appeal/Complaints Fees: S$110.00 (only if applicable)  
- Replacement of Student ID: S$5.00 (only if applicable)  
- Re-print of ITEC Certificate Fees: S$150.00 (only if applicable)  
- Course Fee Late Payment Fees (1%): S$18.00 (only if applicable)

#Material fees include School uniform

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**Fee collection schedule**

For cheque payments are payable to: SPATEC ACADEMY PTE LTD  
For escrow payments cheque payments are payable to: SPATEC ACADEMY PTE LTD – FPS ESCROW

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**Fee refund policy**

Refer to Refund Policy

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**Additional Remarks (if any)**

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Level 3 Diploma in Sports Massage

Modules:

- Practical in Chinese Language
- Practical in English Language
- Theory – Anatomy and Physiology in Chinese Language
- Theory – Anatomy and Physiology in English Language