# Course Document

## Course title
Level 3 Diploma in Holistic Massage

## Course code
S0004

| Duration                  | Full Time: 4 months, 5 days per week & 4 hours a day  
<table>
<thead>
<tr>
<th></th>
<th>Part Time: 7.5 months, 3 days per week &amp; 3 hours a day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type</td>
<td>Full-time or part-time</td>
</tr>
<tr>
<td>Commencement date and end date</td>
<td>See course schedules at <a href="http://www.spatec.com.sg/courseschedule.aspx">http://www.spatec.com.sg/courseschedule.aspx</a></td>
</tr>
</tbody>
</table>

## Proprietor of course, person conferring award and country established
ITEC (UK) DIPLOMA

## Progress Pathway:
Advance Certificate/other ITEC Diploma: Spa Treatments, Aromatherapy Massage, Reflexology, On site massage, Indian Head massage, Lymphatic Drainage, Sports Massage, Alternatively, they may apply for other Advanced Certificate/other ITEC Diploma L3, L4, L5

## Description of course and structure (number of modules, sequence, etc)
Anatomy & Physiology, Professional Conduct & Business Awareness, Holistic Massage

## Content of modules / Learning outcomes
- Holistic Massage:
  - Draping procedures.
  - Application of 5 different massage techniques to the different areas of the body.
  - Precaution & contraindications to each massage techniques.
  - After treatment follow up.
  - Efficient preparation of workplace.
  - Client assessment & consultation.
  - Proper hygiene & professional image.
  - Records keeping.

## Requirement for Industrial attachment (if any)
NO

## Admission requirements
- 16 years old and above
- Obtained at least a C6 at GCE N Levels in any three subjects or Equivalent
- At least a C6 at GCE N Level English/Chinese or Equivalent

## Manner of teaching
Lecture, Practical, Case Study

## Attendance requirements
- Student Pass holders: >90%
- Locals & Others: >75%
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| Manner of assessment | Case Study: Pass or Refer  
Theoretical: A & P: 50%,  
Beauty Specialists: 60%,  
Professional ethics: 60%  
Practical: 60%  
Refer to: http://www.itecworld.co.uk/ |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Dates of examinations | See course schedules  
| Expected date of release of results of final exam | 60 days after the Theory exam |
| Graduation requirements | Student must submit five case studies and pass both theory and practical assessments |
| Expected date of conferment of award | 60 days after the Theory exam |
| Teacher-student ratio | Theory: 1:50  
Practical: 1:20 |
| Course Fee: | S$1800.00 (full amount)  
Under SDF Funding (Company Sponsorship & WTS)  
- SME - S$180.00  
- WTS* - S$90.00 |
| Fees payable & components | *Workforce training Scheme for Singapore citizen, 35 years old and above earning a monthly income of S$1900 and below  
- ITEC Examination fees: S$300  
- Materials fees#: Up to S$72.00  
- Medical Insurance: S$70.00 |
| Fee collection schedule | For cheque payments are payable to: SPATEC ACADEMY PTE LTD  
For escrow payments cheque payments are payable to: SPATEC ACADEMY PTE LTD – FPS ESCROW |
| Fee refund policy | Refer to Refund Policy |
| Additional Remarks (if any) | - |
Level 3 Diploma in Holistic Massage

Modules:

- Unit 1 Anatomy and Physiology (Unit 30-40)
- Unit 2 Holistic Massage
- Unit 22 Professional Conduct and Business Awareness